

School of Physical Education

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www.wvu.edu/~physed

Degree Offered

Bachelor of Science in Physical Education

Nature of Program

Students in physical education, athletic coaching education, athletic training, sport and exercise psychology, and sport management examine the relationship of play, games, sport, athletics, fitness, and dance to our culture and cultures throughout the world. Their preparation includes the acquisition of knowledge and skills from a vast array of movement activities in addition to an understanding of associated physiological, biomechanical, sociological, psychological, historical, philosophical, and pedagogical principles. Preparation in athletic training is designed to enable students to prevent and treat injuries related to athletic competition.

Graduates in physical education with teaching certification are generally employed as elementary or secondary health and/or physical education teachers and athletic coaches. Graduates in sport and exercise psychology and sport management are employed with professional and collegiate sport enterprises, fitness centers, recreation programs, sporting goods stores, or commercial sporting goods manufacturers, or pursue graduate training in sport and exercise psychology. Athletic coaching education graduates are employed as coaches, strength and conditioning specialists, and work in the health and fitness industry.

Programs

Baccalaureate programs offered in the School of Physical Education include athletic training, athletic coaching education, physical education/teacher education, sport management, and sport and exercise psychology. The School of Physical Education has available to students two minors in personal training and sport and exercise psychology and an athletic coaching certificate to any student that is not enrolled in the undergraduate athletic coaching education major

Facilities

Facilities of the School of Physical Education include the gymnasium, dance studio, and swimming pool in E. Moore Hall; a gymnasium in Stansbury Hall; bowling lanes and game rooms in the Mountainlair; indoor track, sports area, weight training room, martial arts room, and rifle range in the Shell Building; outdoor areas including the stadium, tennis courts, archery range, soccer and field hockey fields, and outdoor track; and the Natatorium with its pool and diving well.

The Coliseum contains the Ray O. Duncan Advising Center Room, technology classrooms and seminar rooms, a large gymnasium, a dance studio, racquetball courts, and faculty offices. Additional faculty and staff offices are in E. Moore Hall, Stansbury Hall, the Natatorium, and the Shell Building.

Credit Load Per Semester

The minimum workload per semester for a full-time student is 12 hours and the maximum workload per semester is 20 hours. However, an advisor may register a student as a part-time student if fewer than 12 hours are required to meet all requirements for the bachelor's degree. Other exceptions to these regulations may be requested by petitioning the Committee on Academic Standards.

Requirements for Degrees

- All students must complete general education curriculum required courses and UNIV 101.
- Teacher Certification Curriculum: Students in teacher certification programs must complete a group of educationally related courses and other prescribed work.

- Students must complete the major requirements as determined by the appropriate department.
- Students must complete a minimum of 128 hours.
- A minimum grade point average of 2.0 is required for graduation. Those in teacher certification must have a minimum grade point average of 2.5.

Bachelor of Science in Physical Education

Opportunities are offered for you to pursue certification in teaching or coaching in physical education.

Teacher Certification Program in Physical Education

The required courses in physical education/teacher education are:

Completion of General Education Curriculum

GEC #1 ENGL 101 and 102 (6 hrs.)

GEC #2 BIOL 101, 103 (Lab), CS 101, STAT 111 and MATH 121 or 126 (13–15 hrs.)

GEC #3 Student's Choice (3 hrs.)

GEC #4 PSYCH 101 and HN&F 171 (3–4 hrs.) Both of these classes are required for WV certification.

GEC #5 Student's Choice (3 hrs.)

GEC #6 UNIV 101 or SEP 170 (athletes only) and PSYC 241 (4 hrs.)

GEC #7 SEP 271 or another 3 hr. course (3 hrs.)

GEC #8 Student's Choice (3 hrs.)

GEC #9 Student's Choice (3 hrs.)

Probation: PET 124, 125, 167, 175, 206, 276

Professional: PET 228, 233, 349, 350, 359, 361, 370, 451, 477, 483, 485, 487, 488, 489, C&I 491, RDNG 222, SPED 304

Activities: PET 324, 338, 340, 341, 342, 344, 351, 354, 356, 358, 448, 452, 453, 460

Health Certification Community Health Promotion: CHPR 170, 172, 271, 250, 301, 302, 305, 320, 400

Physiology: EXPH 365

Note: Application to the program must be submitted and admission is competitive.

Recommendation for Teacher Certification

Prospective teachers who intend to apply for teacher certification in West Virginia must satisfy the requirements in physical education and professional education. Teacher certification in physical education is provided for grades Pre-K through adult. Community health promotion certifies students to teach health in grades 5–12. Students are required to pass the Praxis I (Pre-Professional Skills Test) prior to program admission, and the Praxis II in physical education, the Praxis II in health prior to student teaching, and the Praxis III (Principles of Learning and Teaching 7–12) prior to certification.

Athletic Coaching Education

The required courses in athletic coaching education are:

Completion of General Education Curriculum

GEC #1 ENGL 101 and 102 (6 hrs.)

GEC #2 MATH 121 or 126 (3 hrs); Science with lab—BIOL 101/103 or GEOL 101/102 (4 hrs.); and 7 additional hrs. in GEC #2 courses.

GEC #3 Student's Choice (3 hrs.)

GEC #4 CDFS 110 (3 hrs.)

GEC #5 Student's Choice (3 hrs.)

GEC #6 UNIV 101 or SEP 170 (athletes only) and SEP 272 (4 hrs.)

GEC #7 SEP 271 (3 hrs.)

GEC #8 Student's Choice (3 hrs.)

GEC #9 Student's Choice (3 hrs.)

Departmental Requirements: ACE 100, 106, 256, 330, EXPH 365, ACE 103, 357–367, 493A (choose any three), PET 125, ATTR 121, CHPR 172 or First Aid and CPR Certification; SM 426, SEP 271 and 272 (GEC #6 and #7).

Sport Skills: PE 165 *Conditioning* and PE 164 *Weight Training*; and select four one-hour courses from the following activities: PE 101, 103, 104, 130, 131, 157, 158, 160, 162, 170, 173, 174, 182, 187, 188.

Practicum: ACE 491 (12 hrs.) and 494.

Writing Requirement: ACE 330

Note: Application to the program must be submitted and admission is competitive.

Certification in Athletic Coaching

The required courses for a WVU athletic coaching certification are ATTR 121; ACE 256, ACE 103, 357-367, 493A (choose one or more); SEP 271 or 272; PET 125; and EXPH 365. This certification program is not part of the subject matter specializations approved by the West Virginia Board of Education.

Sport and Exercise Psychology

The required courses in sport and exercise psychology are:

Completion of General Education Curriculum

GEC #1 ENGL 101 and 102 (6 hrs.)

GEC #2 MATH 121 or 126 (3 hrs.); Science with lab—BIOL 101/103 or GEOL 101/102 (4 hrs.); and 7 additional hrs. in GEC #2

GEC #3 Student's Choice (3 hrs.)

GEC #4 SEP 373 (3 hrs.)

GEC #5 Student's Choice (3 hrs.)

GEC #6 UNIV 101 or SEP 170 (athletes only) and SEP 272 (4 hrs.)

GEC #7 SEP 271 (3 hrs.)

GEC #8 Student's Choice (3 hrs.)

GEC #9 Student's Choice (3 hrs.)

Applied Area Requirements: SEP 210 (4 hrs.), SEP 271 and 272, 373 (these will also count in GEC #4, GEC #6 and GEC #7, SEP 374, 383, 385, PET 175, ATTR 121, EXPH 364, 365 and COUN 303. One of the following courses: ACE 256, PET 205 or ACE 493A and one of the following courses: SEP 493 *Sport Psychology Seminar* or SEP 420.

Foundation Requirements: PSYC 101, 241, 251, 281, one three-hour psychology elective 200–300 level; SOCA 101, one three-hour sociology elective 200–300 level; 16–17 elective hours.

Sport Management

The required courses in sport management are:

Completion of General Education Curriculum

GEC #1 ENGL 101 and 102 (6 hrs.)

GEC #2 MATH 121 or 126 (3 hrs.); Science with lab—BIOL 101/103 or GEOL 101/102 (4 hrs.); CS 101; and 3 additional hrs. in GEC #2

GEC #3 Student's Choice (3 hrs.)

GEC #4 COMM 100 and 102 or 104 (3 hrs.)

GEC #5 Student's Choice (3 hrs.)

GEC #6 UNIV 101 or SEP 170 (athletes only) and SEP 272 (4 hrs.)

GEC #7 SEP 271 (3 hrs.)

GEC #8 Student's Choice (3 hrs.)

GEC #9 Student's Choice (3 hrs.)

Applied Area Requirements: SEP 271, 272 (GEC #6 and #7), SM 167, 370, 380, 425, 426, 485, 486, 487.

Foundation Requirements: ACCT 201, ECON 201, CS 101, COMM 306, BUSA 320, 330, JRL 101, PR 215; six hrs. of approved electives

Note: All students enrolled in sport management and sport and exercise psychology programs must earn a grade of C or better in applied and foundation requirements.

Physical Education Basic Instruction

Physical education classes are open to all students of the University. A wide variety of sport, aquatic, dance, gymnastic, fitness, martial arts, outdoor adventure, and lifetime sport activities are offered. The aims of the physical education basic instruction program are to develop:

- An appreciation of the body and its capacity to move.
- Movement skills of games, sport, dance, and aquatics.
- An appreciation of the value of continued activity throughout all age periods in an individual's life.
- An understanding of the cultural significance of sport and dance.
- Concepts of the physiological characteristics of sport and movement.

All courses numbered PE 101–293 are at a beginner's level unless otherwise specified. Repeating an activity is not allowed except at a more advanced level.

Athletic Training

Application Requirements An individual desiring to become a athletic training student must first spend time in the prospective athletic training student (PATS) program. In order to gain a basic working knowledge of the athletic training profession, the student must work in the athletic training rooms to see if this is the route that is desired. Before applying to the program, the student must fulfill certain requirements that include:

1. The student must have participated in the PATS program.
2. A cumulative GPA of 2.75 or better.
3. Two reference evaluation forms must be submitted.
4. Transcripts from other institutions attended must be submitted.
5. An application to the program must be submitted.
6. Students will attend weekly in-services in the PATS program and must complete a minimum of 75 observational hours in the WVU athletic training rooms under the direct supervision of a certified athletic trainer.
7. Currently enrolled in or successful completion of all prerequisite courses prior to making application to the program (BIOL 101 and 103, BIOL 102 and 104; ATTR 121, 122; ENGL 101).
8. Students must have a C grade or better in BIOL 101 and 103, BIOL 102 and 104; ENGL 101; and a grade of B or better in ATTR 121 and 122 to be considered a viable candidate.

After all of the requirements have been met, the student will be interviewed in the presence of all full-time faculty/staff athletic trainers and graduate assistants. Selections for admission into the program are based on interviews and other criteria. These criteria include academic performance, reference evaluation forms, outside experiences, WVU experiences, and a written case study. Students are eligible to apply to the athletic training program during the spring semester of their first year at WVU. Up to 15 students are accepted annually into the athletic training program. Technical standards have been established by the WVU Athletic Training Education Program. These standards are the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program. Please visit our athletic training Web site to view these standards: www.wvu.edu/~physed/atrain/wvatr-1.htm.

Once accepted into the athletic training program, the student will have three years to complete both the clinical and didactic portion of the program. The clinical component of the athletic training program requires that all students demonstrate mastery of the National Athletic Trainers' Association (NATA) athletic training educational competencies and proficiencies.

The required courses in athletic training are:

Completion of General Education Curriculum

GEC #1 ENGL 101 and 102 (6 hrs.)

GEC #2 BIOL 101/103, BIOL 102/104, CHEM 115, PHYS 101, MATH 126 or
MATH 128

GEC #3 Student's Choice (3 hrs.)

GEC #4 HNF 171 (3 hrs.)

GEC #5 Student's Choice (3 hrs.)

GEC #6 UNIV 101 or SEP 170 (athletes only) and PSYC 101 (4 hrs.)

GEC #7 Student's Choice (3 hrs.)

GEC #8 Student's Choice (3 hrs.)

GEC #9 Student's Choice (3 hrs.)

The didactic portion consists of the following classes: ATTR 121, 122, 218, 219, 220, 221, 222, 281, 282, 301, 302, 321, 323, 324, 325, 326, 327, 332, 403, 404, 424, 426

Upon graduating from the athletic training major, students are eligible to take the National Athletic Trainers' Association Board of Certification (BOC) examination. The successful completion of the BOC examination provides job opportunities at the high school, college, professional, clinical, or corporate levels. In addition, students upon graduation may pursue additional education by obtaining a master's degree in athletic training or a related field of study.